

BODY & SOUL CENTER

SPA OFFER



**Luxurious SPA treatments,
that touch the body, mind and soul**



Feel royal. enjoyässig.



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WELCOME

**Whoever is looking for something special
is in the very best hands with us.**

Opening hours

At the following times the SPA is at your disposal:

Pool **daily 07.00 - 22.00**



Sauna **daily 15.00 - 22.00**

Gym **daily 07.00 - 22.00**

Treatments

& SPA Rezeption **daily 10.00 - 19.00** **(Monday rest day)**

You can find us on the 1st floor.

 DID 680 or +43 6541 6346 680  beauty@wolf-hotels.at

BODY & SOUL SPA - ETIQUETTE

Appointments according to your wishes

We ask for your understanding that on special days or at certain times some treatments may already be fully booked. Therefore, we recommend that you make reservations as early as possible. You can also inform us of your wishes before your arrival from home by e-mail or telephone. We will gladly send you a confirmation of the reserved dates, which you will also receive upon your arrival. Please note, however, that we reserve the right to make any changes to the dates. It is best to reserve additional treatments immediately after your arrival.

Before and during your treatment

We ask you to come to the SPA reception a few minutes before each treatment. Here you are welcome to enjoy a glass of water or a tea. After you will be picked up by your therapist for the booked treatment. Before each treatment, you will be asked by our SPA staff what is particularly important to you in the context of the desired treatment, in order to make it as ideally as possible to your personal needs. Also, during the treatment, please let us know of any inconveniences or specials.

Clothing

We ask you to undress yourselves for massages and body treatments except for your panties. During the treatment we will keep you warm with our tuck-in techniques and pre-warmed massage tables. If necessary, disposable slippers are also available.

Cancellations & Delays

If you are late, unfortunately, the time of your treatment will be correspondingly shorter at the same cost. The application ends on time so that the next guest does not have to wait. The treatment time has been reserved especially for you. Reserved appointments can be cancelled free of charge up to 24 hours before each treatment. After that we charge 100% of the treatment cost. In case of no-show, the treatment is considered consumed.

Solarium

At the hotel reception you can get the coins.

Pool & Sauna

We kindly ask you not to bring your own drinks and food to the entire SPA area. In pool & sauna area are a variety of drinks, fruits, and dried fruits available. Please note that we are not allowed to serve alcoholic beverages in the sauna. We also kindly ask you to refrain from reserving sunbeds. Our SPA staff regularly clears occupied areas.

The sauna area is basically a nude area. Children and teenagers up to the age of 16 are not allowed to be in the sauna area.

Smoking & Phone

The entire SPA area is a non-smoking zone. Electronic cigarettes are also not allowed here. In the quiet areas, at SPA reception and in the treatment rooms, we ask you not to use your cell phone and to switch it to silent mode so as not to disturb the quiet atmosphere. Leave your personal valuables in the room locker or at the hotel reception. We assume no liability for any valuable items.

COSMETICS FOR WOMEN & MEN

Treat yourself to a beauty time-out, let yourself be pampered and advised. Our beauticians bring out your beauty even more with sensitivity and expertise.

QMS
MEDICOSMETICS



SCIENCE NOT MIRACLES

QMS Medicosmetics, the "World's Best Spa Brand", is one of the icons of medically based luxury cosmetics. The German brand stands for clinically proven high performance skin care with 97% skin identical collagens and hyaluronic acid to improve the structure and quality of your skin.

QMS Medicosmetics is a brand that leads, not follows.

QMS products and treatments are available exclusively at our
Body & Soul SPA in Hotel Alpine Palace.

Ultimate Pure Oxygen

The queen of all treatments, using precious pearl extract, silk proteins and unique skin-identical ingredients. The treatment prevents collagen loss and noticeably gives new life to the skin by stimulating cell renewal at the deepest level. The skin immediately becomes more luminous, toned, and tighter.

120 min. € 189

Collagen Recovery

Rejuvenating, revitalizing advanced treatment combination pampers especially stressed and tired skin particularly effectively. Enriched with the unique QMS collagens, it effectively balances the signs of aging and gives a youthful, luminous skin appearance. This treatment tightens even sagging skin and allows the valuable ingredients to penetrate deep into the skin.

120 min. € 175

Skin Cell Renewal

A new generation treatment that supports the skin's own stem cells, thereby improving the skin's metabolism. Advanced Cellular Marine repairs the intercellular matrix. Your skin immediately appears significantly firmer and more vital. For a skin appearance that emphasizes your natural beauty.

90 min. € 155

Ion Skin Regeneration

A unique high-tech lifting treatment that increases collagen and elastin production and the skin's regeneration process. At the same time, an improvement in skin metabolism occurs. Active ingredients are transported to deeper layers of the skin to reduce fine lines and wrinkles. For all men and women who want visibly firmer and fuller skin.

90 min. € 155

Collagen Lifting Experience

An absolute luxury lifting treatment, is especially suitable for dull and sagging skin. It gives your skin energy and firmness from the inside and stabilizes its function. It also cares for the delicate neck, décolleté area by using a highly effective contouring cream. The result: a firm, velvety peach skin.

90 min. € 145

Sensitive Skin Repair

Innovation meets healthy skin feeling. The precious cream serum supports the improvement of skin erythema and redness and, thanks to its silky texture, also pampers sensitive skin. An effective gift to your beauty.

60 min. € 125

Deep Cleanser

Whether you are a businessman or a person who love to enjoy life - this wonderfully caring and nourishing treatment allows stressed and sagging skin to breathe. Enjoy bringing your skin's moisture balance into new balance and feel wonderfully rejuvenated.

60 min. € 125

QMS Skin Touch

Stress can affect not only our body, but also our skin. A treatment that will introduce you to the world of QMS and give your skin a quick fresh look.

50 min. € 95

QMS Face massage

A gentle cleansing is followed by a deeply relaxing massage for the face, neck and décolleté with high-quality QMS Medicosmetics products.

30 min. € 49

Body & Soul Tip: Would you like to have even more freshness and firmness? Treat yourself and your eyes to an intensively smoothing collagen eye mask.



QMS

MEDICOSMETICS



QMS JUST FOR MEN

Detox Repair

Men's skin is not immune to the skin problems that women have to deal with. An advanced treatment to protect men's skin from damaging environmental factors. Unique thermoactive revitalizing mask additionally purifies and detoxifies stressed manager skin.

60 min. € 125

90 min. € 145

Ion Skin Regeneration

A unique high-tech lifting treatment that increases collagen and elastin production and the skin's regeneration process, and at the same time an improvement in skin metabolism occurs. Active ingredients are transported to deeper layers of the skin to reduce fine lines and wrinkles. For all men who want visibly firmer and fuller skin.

90 min. € 155

Body & Soul Tip: Would you like to have even more freshness and firmness? Treat yourself and your eyes to an intensively smoothing collagen eye mask.

Skin Cell Renewal

A new generation treatment. Skin Cell Renewal treatment supports the skin's own stem cells and thereby improves the skin's metabolism. Advanced Cellular Marine repairs the intercellular matrix. Your skin immediately appears significantly firmer and more vital. For a skin appearance that emphasizes your natural beauty.

90 min. € 155

BEAUTY ADDITIONALS

QMS Eye Lifting Mask with Collagen-Pads*	€ 15
QMS Foam pack with Massage (for hands or feet)*	€ 15
Upper lip depilation*	€ 15
Eyebrow correction*	€ 15
Eyebrow tinting*	€ 15
Eyelashes tinting*	€ 25
Eyelashes & eyebrows tinting*	€ 35

* only bookable in combination with a facial treatment

O·P·I

COLOR IS THE ANSWER

OPI Product Inc. is the world's largest manufacturer of nail care products and was founded in 1981 by President & CEO George Schäffer. O.P.I is available in over 100 countries, including the United States and countries throughout Europe and Asia.

Neither O.P.I polishes nor any other O.P.I products are subject to animal testing.



HANDS & FEET

LIFE IS SIMPLY MORE PASSIONATE IN COLOUR!

OPI Manicure without polish

Perfectly groomed hands for woman and man with high gloss polish or nail strengthener.

50 min. € 69

OPI Pedicure without polish

Perfectly groomed feet according to medical template for woman and man.

50 min. € 75

OPI ProSpa Manicure

Luxurious manicure with peeling, nourishing mask, and relaxing hand massage.

80 min. € 95

OPI ProSpa Pedicure

Luxurious pedicure with peeling, nourishing mask, and relaxing feet massage.

80 min. € 95

Nail polish € 15

OPI Gel polish* € 45

* only bookable in combination with a manicure or pedicure.

Gel polish removing € 29



TEENS' TREATMENTS

Deep Pore Cleanser (bookable for teenagers up to 17 years)

This intensive, deep pore cleansing and moisturizing facial is a real must have for impure and problem skin. It causes the dissolution of keratinization, reduces sebum production and inflammation on the skin.

Please keep in mind that skin blemishes often develop over many months or even years. It is not possible to solve these skin problems within one treatment. Our beauticians will be happy to advise you on a suitable home care.

80 min. € 119

First Beauty (bookable for teenagers up to 14 years)

Facial treatment for the little princess & the little prince. A gentle cleansing with peeling, relaxing face & neck massage, and nourishing mask.

50 min. € 80

Cocoa body wrap (bookable for teenagers up to 14 years)

A body wrap, which smells like chocolate and immediately releases happiness hormones. It makes not only beautiful smooth and refreshed skin, but also a good mood.

30 min. € 49

Aroma oil massage (bookable for teenagers up to 14 years)

A gentle pampering full body massage for skin and nose.

25 min. € 45



The roots lie in nature.

For over five decades, Kurland has stood for the compilation of meaningful and effective formulas under the strictest quality controls.

The result is effective products for skin care, massage, health and well-being.

Kurland natural products and treatments are available exclusively at our Body & Soul SPA in Hotel Alpine Palace.



SPA RITUAL

Flower Touch Ritual

A wonderfully fragrant dream journey through the tropical garden. Precious essences such as roses, lavender, rosemary enchant your senses, almond and argan oil nourish your skin in depth and leave it plumper and smoother. After a bath and gentle exfoliation, the warm steam bath follows. The metabolism is stimulated, the pores open up and the high-quality active ingredients can work intensively during the soothing relaxation massage.

Peeling – Steam bath- Massage

100 min.

€ 210





SALVE-IN-TERRA

Delightful fragrance meets pleasant warmth to pamper your skin and soul. Treat yourself to this unique SPA experience. In the Salve-in-terra® you can let your soul dangle: While you surrender more and more to the gentle swinging, and deeply relax, fragrant care products pamper your skin.

Anti-Stress

Fresh-up

Paar Treatment: 45 min. € 95

Single Treatment: 45 min. € 75

BODY PEELINGS for a skin like velvet and silk

Time Together peeling

Deliciously scented scrub with sea salt, argan and jojoba oil with fragrance of frangipani, lemon and papaya intensively pampers your skin and senses.

30 min. € 55

Rose peeling

Fine sea salt scrub with jojoba, aloe vera oil and ground rose petals gently removes dead skin cells and leaves your skin supple and fresh. Delightful, lovely fragrance of your choice pampers your spirit.

30 min. € 55

Alpine herbs peeling

Skin smoothing scrub that gently removes old skin cells. Almond and jojoba oil with alpine herbs and the fragrance of your choice, intensively nourish your skin and pamper the senses.

30 min. € 55



PAMPERING BATHS

Taking the time for a bath in stressful everyday life is often a luxury. It is so nice to dive into the "delicious water" and enjoy a glass of Champagner.

Time Together bath

Wonderfully fragrant bath that soothes and relaxes. Sea salt and precious oils such as argan, jojoba oil soothe and have a balancing effect on stressed skin.

30 min. **€ 45 / For two € 55**

Rose flower bath

Dreamlike bathing experience. The combination of sea salt, nourishing oils and ground rose flowers unfolds its sensual fragrance when added to the bath water.

30 min. **€ 45 / For two € 55**

Magnesium bath

Here, magnesium is absorbed over the entire body, thus achieving rapid regeneration. Have a bath in warm water with dissolved magnesium. Problems with overstrained muscles can be effectively alleviated.

30 min. **€ 45 / For two € 55**



BODY WRAPS like on clouds in the dreamlike waterbed

Tahitian-Cream wrap

Immerse yourself in the wonderful scents as in French Polynesia and pamper your senses. The creamy wrap with extra-fine peeling effect ensures supple skin and stimulates cell regeneration.

40 min. € 65

Pumpkin wrap

A Styrian purification and care pack. Particularly rich in vitamins, minerals and antioxidants, it has a strong draining, exfoliating and at the same time optimally refatting effect.

40 min. € 65

Mud wrap

Experience the therapeutic effect of the mud. The natural mud is one of the oldest natural remedies, which can offer you relief from rheumatic complaints, joint problems, back or neck pain.

40 min. € 65





MASSAGES WITH DEEP EFFECT

Alpine partial massage (back & neck massage or leg massage)

25 min. € 45

Alpine full body massage

50 min. € 85

80 min. € 135

Body & Soul Tip: Before/after the massages, we recommend a bath or a body wrap - these loosen and warm the muscles, so that an even better deep effect is achieved during the massage.

Sports massage with rub

A more intense massage that optimally stimulates the metabolism and blood circulation in the muscles. For additional muscle relaxation, a refreshing sports cream is applied at the end of the massage.

50 min. € 95

Trigger point massage

Pressure point massage with the hand activates the meridians in the body, regulates energy circulation and oxygen exchange. With its grip and point technique, pressure point massage solves a number of physical ailments and helps to restore the balance of the body and mind.

25 min. € 49

50 min. € 95

Aroma oil massage

Immerse yourself in the world of essential oils from the most exquisite plants of nature. The gentle massage with a profound effect relaxes the body and mind and promotes the balance of body energy.

Please keep in mind that this massage is not suitable for pregnant women.

50 min. € 95

80 min. € 145

Body & Soul Tip: Longing for more body care? Combine your massage with a body peeling.

Foot reflexology-massage

Our feet not only carry us through life, on the sole of the foot the entire body is reflected in the form of reflex zones. The massage of these reflex zones stimulates all systems of the body and the self-healing powers of the entire body are activated.

Please keep in mind that this massage is not suitable for pregnant women.

45 min. € 75

Manual lymphatic drainage

Purifying, decongesting, draining. With the particularly gentle massage technique, swellings are reduced, and the purification process is optimally supported.

Partial body 50 min. € 95

Full body 80 min. € 145

La-Stone massage

Through the soothing effect of warm basalt and cooling marble stones, you will be charged with vitalizing elemental force and new energy. Through the alternating application of the stones, tensions are released, the lymph flow and blood circulation are stimulated.

75 min.

€ 145



SPA PACKAGES FOR HER & HIM

A MOMENT FOR ME

- QMS Facial treatment 60 min.
- Alpine partial massage 25 min.
- Bath of your choice as a gift 30 min.

Price per person € 170

FIT & BALANCE

- Sports massage with rub 50 min.
- Foot reflexology-massage 45 min.
- Body wrap of your choice 40 min.
- Magnesium-bath as a gift 30 min.

Price per person € 235

ALPINE PALACE BEAUTY

- QMS Facial treatment 90 min.
- OPI ProSpa Pedicure / Manicure without polish 80 min.
- Bath of your choice as a gift 30 min.

Price per person € 250

FAMILY TIME

- Alpine full body massage 50 min. for mom
- Sports massage with rub 50 min. for dad
- Cocoa body wrap for child up to 14-years-old 30 min.
- Cocoa body wrap for 2nd child up to 14 years as a gift

Price per package € 229



RELAX. RELEASE. REBALANCE

- **Body wrap of your choice 40 min.**
- **Aroma oil massage 50 min.**
- **QMS Facial treatment 90 min.**
- **OPI Pedicure / Manicure without polish 50 min.**
- **Time Together bath as a gift 30 min.**

Price per person € 390

FRIENDS SHORT TRIP

- **QMS Facial treatment 60 min.**
- **Alpine full body massage 50 min.**
- **OPI Pedicure / Manicure without polish 50 min.**
- **Bath of your choice as a gift 30 min.**

Price per person € 285

FOR MAMAS-TO-BE

- **Head massage 25 min.**
- **OPI Pedicure / Manicure without polish 50 min.**
- **QMS Facial treatment 90 min.**
- **Time Together bath as a gift 30 min.**

Price per person € 275

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Feel royal. enjoy lässig.

